

9:30					juryvergadering		9:30
9:35					pupillen		9:35
9:40							9:40
9:45					pup A	pup B/C/mini	9:45
9:50					team 1, 2 en 3	team 15, 16 en 17	9:50
9:55					pupillen A	pupillen BC mini	9:55
10:00					horden	vortex	10:00
10:05							10:05
10:10							10:10
10:15							10:15
10:20							10:20
10:25					vortex	hurkhoog	10:25
10:30							10:30
10:35							10:35
10:40							10:40
10:45							10:45
10:50					team 1,3 hoog	horden	10:50
10:55					team 2 kogel		10:55
11:00					juryverg.		11:00
11:05					aankomst		11:05
11:10					afstand		11:10
11:15					3000m	pauze	11:15
11:20					jun/ sen /		11:20
11:25					mas		11:25
11:30							11:30
11:35					diverse		11:35
11:40					series	ver	11:40
11:45						slingeren	11:45
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12:00							12:00
12:05					team 1,3 kogel	sprint	12:05
12:10					team 2 hoog		12:10
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12:25							12:25
12:30	juryvergadering junioren t/m masters						12:30
12:35					meters		12:35
12:40					maken		12:40
12:45						meters	12:45
12:50						maken	12:50
12:55							12:55
13:00							13:00
13:05	ver tribune	sprint	kogel	afstand			13:05
13:10					prijsuitreiking		13:10
13:15	jun AB		JD				13:15
13:20	sen/mas		kogel				13:20
13:25	ver						13:25
13:30		MD 60m	3 kg				13:30
13:35							13:35
13:40		MC 80m					13:40
13:45							13:45
13:50		JD 80m					13:50
13:55	4 pogingen						13:55
14:00		JC 100m					14:00
14:05							14:05
14:10							14:10
14:15							14:15
14:20	MD, MC, JC		jun AB				14:20
14:25	ver		sen/mas				14:25
14:30			kogel				14:30
14:35			3 kg				14:35
14:40			t/m				14:40
14:45			7,25 kg				14:45
14:50			4 pogingen				14:50

14:55				
15:00				
15:05	JD			
15:10	ver	jun AB		
15:15		sen/mas	MD, MC, JC	
15:20		100m	kogel	
15:25			2 kg	
15:30			3 kg	
15:35			4 kg	
15:40				
15:45				
15:50				jun AB
15:55				sen/mas
16:00				JD
16:05				1000 m
16:10				MD, MC, JC
16:15				1000 m
16:20				
16:25				
16:30				
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16:40	prijsuitreikingen D's en C's			
16:45				
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